



2023 BOYS Tournament Rules

Please remember- Long Ireland Lacrosse is all about equitable competition and having fun- No team wants to lose by a wide margin!

PLEASE be respectful of your opponents!

1. Games will be 20 minute running halves. Referees will keep time on the field and penalty times too
2. 1st- 6th grade are playing New York State Modified Rules (2034-2029) No one handed stick checks
3. CONTACT RULES ARE IN EFFECT- NO MAN BALL, THE PLAYER MUST HAVE POSSESSION TO MAKE CONTACT, One Step hit only
4. One time out per game
5. NO TIME OUTS IN LAST 5 MINUTES OF GAME
6. GOALIES MUST WEAR FULL EQUIPMENT- INCLUDING ARM PADS and NOCSAE chest protector (all years)
7. 2034-2033 NO LONG POLES, 2032-2026 (4) long poles allowed.
8. Time serving penalties will be kept by referees on the field (stop time).
9. Ball must be kept in the box the last 2 minutes of the game
10. Stop time last minute of the 2nd half.
11. 6 GOAL RULE - Losing team will have the option- if they want the ball or to have a face off. Team up by 6 goals must complete 3 passes and 2 must be in the box (2034-2029)
12. 2034-2033: 6 goals, 1 attempted pass to be completed. 7 goals or more, 2 passes to be completed
13. 2034-2033: no time serving penalties- fast breaks.
14. 7th-9th grade (2026-2028) will be playing NFHS High School Rules with counts.

General Rules

1. Parents will sit on opposite side of the field from the team.
2. Any fighting or disrespect towards an official will result in IMMEDIATE expulsion from tournament- NO EXCEPTIONS, NO REFUNDS.

Championship Rules

Championship Format for the top 2 teams in the division championship:

1. A win is 3 points; tie is one point, 0 for a loss
2. In the event of a tie for the top 2 teams the tiebreaker will be:
 - head to head,
 - goals against,
 - Goal Differential (Max +8 per game)
3. There will be overtime in the championship game until we get a winner (No Braveheart).

Remember- we are here to have FUN- So let the Coaches Coach, the Players Play, the Officials officiate, and the Spectators Cheer!